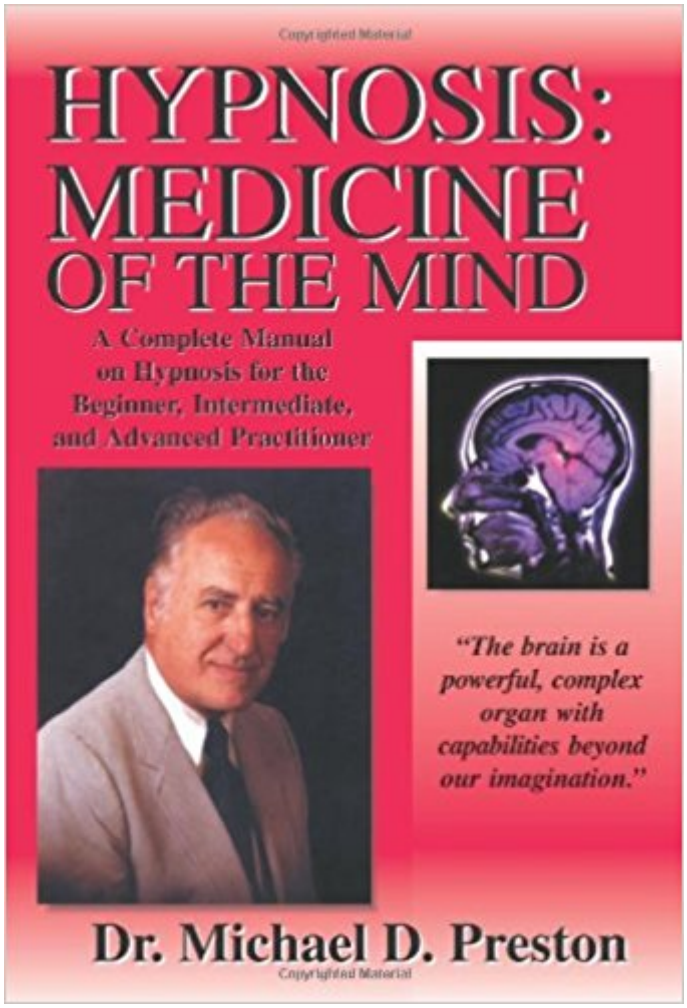
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Hypnosis: Medicine Of The Mind: Hypnosis: Medicine Of The Mind - A Complete Manual On Hypnosis For The Beginner, Intermediate And Advanced Practitioner




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Synopsis

Known as the "Miracle Doctor," Dr. Preston demonstrates his expertise as a hypnotherapist after years of personal experience and field research, using precise language and script-style format in a book that is both user-friendly and comprehensive, that can serve as a guide and reference for all practitioners of hypnotherapy and hypnotism and enjoyed by the lay person as well. The WHAT, WHY, and HOW of Hypnosis: - INDUCTION TECHNIQUES - DEEPENING PROCESSES - TESTS FOR HYPNOTIC DEPTH - PSYCHONEUROIMMUNOLOGY - AGE REGRESSION - HYPNOTHERAPY - SELF-HYPNOSIS - SPECIAL TREATMENT FOR: Alcohol, Asthma, Choking, Depression, Drugs, Frigidity, Gagging, Impotency, Insomnia, Pain, Stuttering, Weight Loss

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Customer Reviews

This is a great book! I discovered this book after buying a used copy of Michael Preston’s "Medical Hypnotherapy" VHS video course on eBay. The video course is a total gold mine for the hypnotherapist, and this book contains much of the same material.I’m in my third year of hypnotherapy practice and have taken a number of trainings, mostly audio and video courses but also in-person trainings, including those of Cal Banyan, Gerry Kein, Don Mottin, and others. I’ve read all sorts of hypnotherapy books, many quite excellent.What Preston’s work has done for me has been to revolutionize the way I approach my initial client sessions. His "library" technique is extremely effective, reliable, suitable for all kinds of issues, and is well-liked by my clients. I’ve also found it surprisingly effective as a self-hypnosis technique.It’s hard to exaggerate just how cleverly

the library technique is put together. Preston takes full advantage of the unconscious mind's ability to operate symbolically and metaphorically. He uses this to avoid getting mired in the gory details of the client's problems, and instead has the client manipulate the problem as a unit.Unlike most authors who present us with a script, Preston explains his in detail, and tells you what to look for, where things sometimes go haywire, and what to do about it.I haven't paid much attention to the initial chapters of the book, and don't know if it's a good introduction to hypnosis or not. For people who already know how to do inductions, it's a total gold mine.

Great book.. couldn't stop reading it.. i add this knowledge to my practice of reiki in my section and it had truth out to be a success

The book is great. Easy to read with very helpful information. The books & products I buy from are always great.

The money is in the prescribing medications, that"s how MD's make the money. MD's say "show me the money." Money, money, money.

After reading this book and watching Dr. Prestons videos, I have now added his amazing approch to hypnosis in my professional sessions and my success with clients has doubled.I love the way Dr. Preston used the convincer test in the actual session, a must learn sytem.If you would like to learn medical hypnosis to help your clients and to have your clients understand what is going on in their mind/bodies connection then I suggest you get this book. Yes, some of the information is dated as with most hypnosis books but the technics used by Dr. Preston are very powerful and work.The book with scripts that are very well written and Dr. Preston explains how to use the scripts, not done by other therapists.This book is a keeper in my collection.If you can find a copy of his video teaching session get it!

I was lucky enough to study with Dr. Preston in 1998...he was very skilled and very loving to those around him. And, he was an excellent teacher, patient and kind, and he engendered patience in his students. Today I learned that he had passed. We have lost a real caring healer.Dr. Michael SpringClinical PsychologistMarriage Enrichment CenterSan Rafael, CA

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